

ANDY ANDREWS

The *Seven*
DECISIONS
Perpetual Calendar

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

*Creating the Future
You've Always Dreamed of . . .*



Introduction

Congratulations! By determining to start this calendar, you've made the first of several critical decisions that will help you take hold of and live out the goals and dreams you envision for your life. In the following pages, you will find several life-changing calendars. However, they are only life-changing when you use them. Before long, you will notice your thought process begin to change as you integrate the calendar into your daily life. Let's get started - it's easier than you might think!

The Daily Calendar: This is perhaps the most important part of this system. It contains what I believe is the foundation to your success; incorporating The Seven Decisions into your daily way of thinking, living, and being. When you read The Seven Decisions as layed out, you will develop the habits that will turn your goals and dreams into daily realities.

The "One" and "Seven" Year Calendars: These will help you create, then measure, a unique set of goals and visions that drives and inspires you. Many years ago, I wrote down everything I wanted to have, do, and become. I did this by asking myself a series of questions such as: "What do I really want to experience in my life?" "What are the most important things that I would like to happen in my life before I die?" "How would I like to live?" and "Who do I want to become?"

That day, I wrote for what seemed like hours. I recorded everything that entered my mind. Looking back, I realize that I was casting a vision for the life that I am now living. After I wrote everything down, I looked over the stack of papers and asked myself the same set of questions over and over:

1. **By when would I like this to happen?**
2. **What action would I have to take in order for this to happen?**

My brain came up with a lot of actions I could take (some of which worked, and some that didn't). I wrote down everything quickly and then transferred all of the actionable items to a generic calendar I had on hand. That calendar, and those sheets of notepaper, became a sort of personal success manual whose format I still use to this day.

I can think of no better way to perpetuate my own success than to share this system with you. The attached calendars and instructions are a direct result of the personal success manual I created for myself many years ago. The calendars have been refined and adapted to help you build your own unique and personal blueprint for success.

If you take anything from all of this, I hope it is this: If you want to live big, then you must first dream big, plan big, and finally, execute big. Success has always been about taking the right steps consistently. Let's begin with your first step: Using The Seven Decisions Daily Calendar.

Perpetual Calendar

Instructions

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Read each decision for **twenty-one (21) days**—once upon awaking each morning and once before sleeping at night. **Check the appropriate box each day** when you have read that Decision.

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At the end of each day, grade yourself—an **A, B, C or D**. This is "self accountability".

Upon completing one Decision, start the next Decision and read that Decision for **twenty-one (21) days**, until you have gone through all 7 Decisions in this manner.

You can begin reading The 7 Decisions on any Monday during the year—but once you start you must not let anything except a severe sickness prevent you from reading each day. ☺

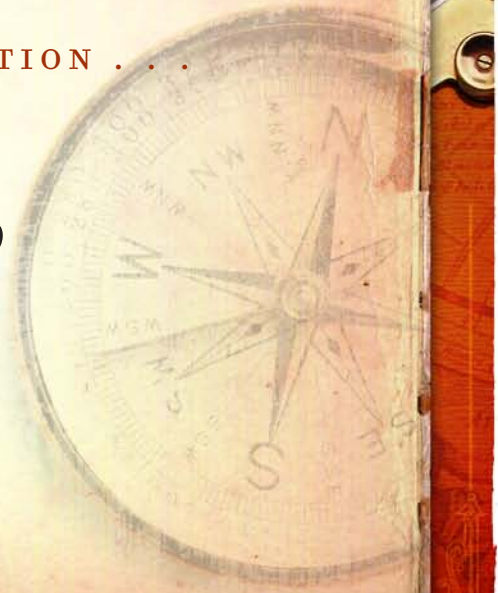
There is one huge warning!!! **Do not let the simplicity of these Decisions fool you.** Simplicity is one of the major keys to success in any endeavor. Read them **slowly**. Read **with a pen** in your hand, if you like, and **underline ideas** that are most meaningful and relevant to you.

As you proceed, you will discover that **you are not alone in this endeavor**. There are literally thousands of people around the world, just like you, that are reading these decisions and taking massive action—and making a huge difference in their lives and the lives of those around them.

As you proceed, you will discover that I am with you all the way.

YOU MUST PERSIST WITHOUT EXCEPTION . . .

Andy Andrews



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“My mind will not dwell in the problems of the past—it will live in the solutions of the future.”

Month

Year

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
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“My mind will not dwell in the problems of the past—it will live in the solutions of the future.”

1 Year Vision Instructions

Five Critical Questions to Jumpstart Your Success

The most important part of any journey is simply in taking the first few steps. Below you will find a series of questions that represent the critical steps necessary to infuse your goals with definitive action. Whether you define your future as 45 days from now or a year from now, these questions will help you get started and more importantly, will help you produce some real results.

Let's get started! As you answer the following questions, make sure you write out your answers in a journal. You are strongly encouraged to obtain *The Traveler's Gift Journal*—which is an extended, in depth companion to this perpetual calendar and *The 7 Decisions*. There are pages in the Journal for you to keep your thoughts and vision firmly on track for the life you want to live.

1. Identify what you want.

What do I want to happen over the next year of my life? Spiritually? Mentally? Physically? Financially? Emotionally? (The more specific you can be, the better.)

2. Identify why you want it.

Why is this important to me? What will doing, becoming, or accomplishing this mean to me?

3. Identify how you will get it.

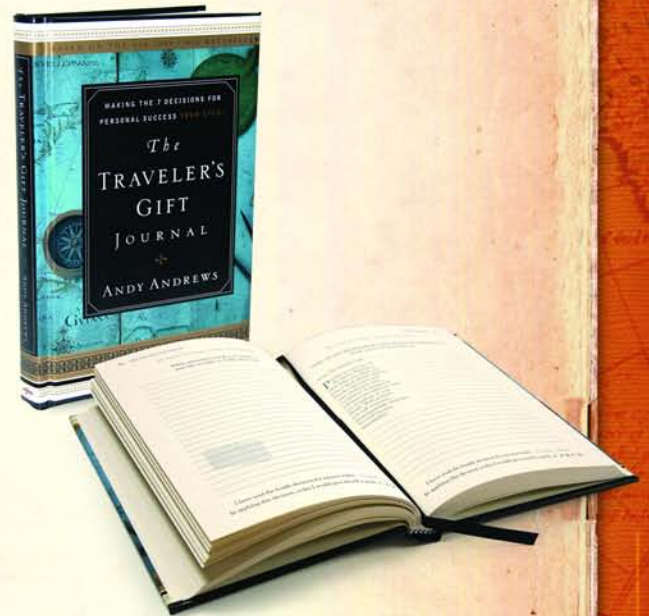
What are five or six actions I will take in order to accomplish this goal?

4. Identify when you will take the action to get it.

When exactly will I take these actions?

5. Observe your progress.

Is what I'm doing right now working? Why or why not? What new actions could I take to get me closer to my goal?



1 Year Vision Instructions

The best part about these questions and the responses they evoke, is that they can be applied to any area of your life, whether it be emotional, physical, financial, professional or relational! The One Year Calendar is a great place to record your action ideas, apply a timeline to your goals, and track your daily progress. You'll find that asking yourself these critical questions will spark a whole new way of thinking, and ultimately, lead you to the results may have once seemed out of reach.

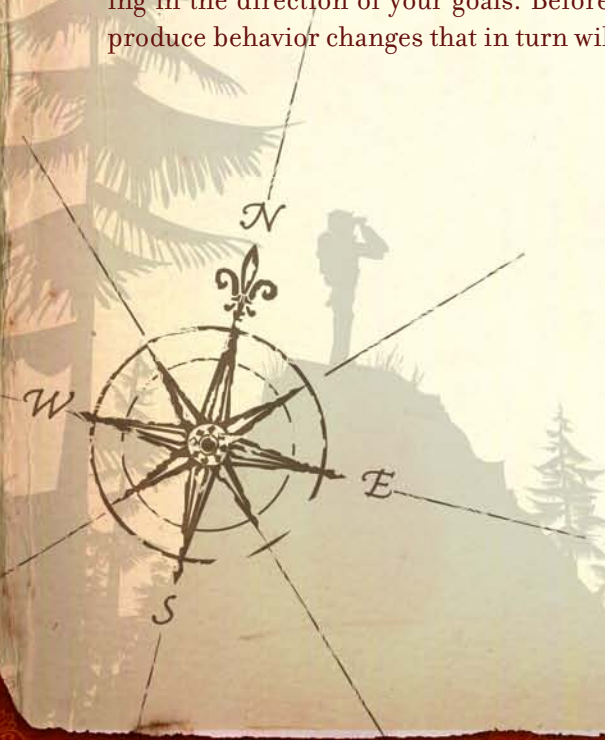
Go ahead: Apply these questions to something you really want to see happen in your life. Write out your answers. Put the actions you come up with on the One Year Calendar. Look at your calendar often. Look at it when you wake up and before you go to sleep. Look it over before you plan each day. Carry it with you throughout your day as a reminder of your goals.

Next, commit to take the actions you've recorded in the "How Will I Take the Action" section of your journal. Remember, without action, none of your best-laid plans will materialize.

It's important to evaluate the results you get. If the results are not what you want, then without hesitation, try something new. If your actions are hitting your required marks, then stay the course.

One important part often overlooked in planning and embarking on new behavior patterns is recognizing that "finding what works" is a process not an event, meaning that any new process is ripe for revisions.

So, find what works and discard what doesn't. It really is that simple. All the while, keep moving in the direction of your goals. Before long, you'll find that planning for your success will produce behavior changes that in turn will render huge returns.



"The past will never change, but you can change the future by changing your actions today. It is really a very simple process.

We, as humans, are always in a process of change. Therefore, we might as well guide the direction in which we will change."

—From *The Traveler's Gift*

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“My past can never be changed, but I can change the future by changing my actions today.”

7 Year Vision Instructions

What if you could somehow know who you would be seven years from now? What if you could see the balance in your bank account seven years from now? What if . . . what if . . . what if . . . Perhaps you can't calculate matters of personal growth such as these to an exact science, or can you? I often say, "Who you are going to one day be, you are now becoming." Reflect on these words long enough and you will feel their power. This statement is hauntingly true for all of us. It all comes down to our decisions. So what are the decisions that you are making today that will determine who you one day become?

You and I have the ability to gage the direction of our lives. Where and who I am seven years from today is ultimately up to me. The same is true for you. I'm sure you'd agree, that it would be great if you could determine with some precision who you'd be seven years from today simply by setting an hour of your time aside and asking yourself some serious questions. I agree, it sounds a little ridiculous to plan your life out three years from now, let alone five or seven. But what if you could create a progressive, long-term vision for what you want to see happen in each of these areas of your life- emotional, spiritual, physical, financial, and relational? Can you imagine the extra momentum and results that would be produced in your life simply from your decision to start planning?

Did you know that in Japan there are companies like Sony whose corporate leaders have created a 100-year vision for what they see their company becoming. Likewise, the Book of Proverbs says, "Without vision, the people will perish." Who do you want to become over the next seven years? What would you like to see happen in your life? Create the vision, and you will see things begin to magically align in your life.

Take some time aside in a distraction-free environment and ask yourself some compelling questions such as:

What do I have to do to create an extraordinary family life this year?

Next year? The following year?

What has to be done to create outstanding results in my job this year?

Next year? The following year?

**What must be done to maximize my physical potential
and experience true vitality this year?**

Next year? The following year?

| | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 |
|--------------|--|---|--|------|------|------|------|
| FAMILY | <p>Pay off the House</p> <p>Create Established Family Budget</p> | <p>Start Kids College Fund</p> <p>Plan the Family Reunion</p> | <p>Trip to Paris with the kids</p> | | | | |
| WORK | <p>Increase Profits by 25%</p> <p>Hire 2 New Employees</p> | <p>Attend Educational Seminar</p> <p>Major advances with writing new book</p> | <p>Get 6 new major accounts within 8 months</p> <p>Hire new VP</p> | | | | |
| HEALTH | <p>Lose 15 lbs</p> <p>Lower Cholesterol</p> | <p>Workout 3 times a week</p> <p>Wear a size 6</p> | <p>Run a Marathon</p> <p>Strengthen neck and back through Yoga</p> | | | | |
| CONTRIBUTION | <p>Assist with Habitat for Humanity building Projects</p> | <p>Volunteer with Boys & Girls Club</p> | <p>Serve at Thanksgiving Food Drive</p> | | | | |

“Our thinking creates a pathway to success or failure.”

—Andy Andrews

| FAMILY | | | | | | | |
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| WORK | | | | | | | |
| HEALTH | | | | | | | |
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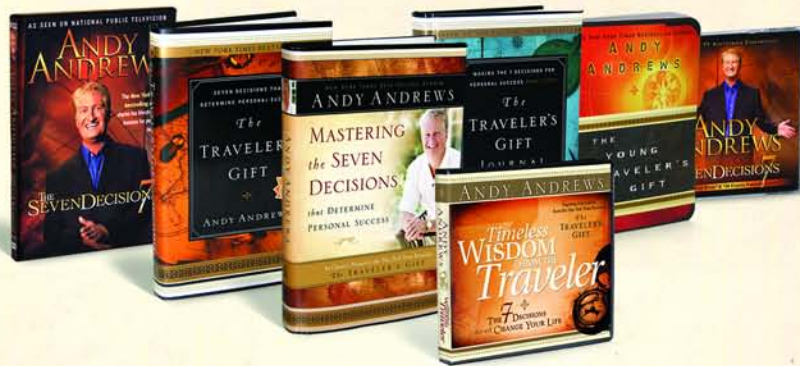
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The TRAVELER'S GIFT Treasury

Extraordinary Resources for an Extraordinary Life

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- **Mastering the Seven Decisions:** Andy Andrews generously shares the tools you need to experience personal success and offers an in-depth explanation of the Seven Decisions first unveiled in his groundbreaking, *New York Times* bestseller, *The Traveler's Gift*.
- **The Traveler's Gift:** In the tradition of bestselling books by Og Mandino, Andy Andrews' blend of fiction and allegory will inspire you to find true and lasting success in your life.
- **The Traveler's Gift Journal:** The perfect companion to *The Traveler's Gift* and *The Seven Decisions Perpetual Calendar*, this journal gives you the opportunity to record your own experiences as you internalize each of the seven decisions.
- **The Young Traveler's Gift:** Adapted from The *New York Times* bestseller *The Traveler's Gift*, this book will provide young people with the wisdom needed to make successful decisions in today's turbulent world.
- **Timeless Wisdom from the Traveler (9 CDs):** Join Andy Andrews for an in-depth analysis of the lessons revealed in his modern classic, *The Traveler's Gift*.
- **The Seven Decisions PBS Special (2CD Set):** Andy Andrews shares new insight into the powerful principles conveyed in his *New York Times* best-selling sensation *The Traveler's Gift* in a groundbreaking two-hour PBS special.
- **The Seven Decisions PBS Special (DVD):** In this riveting, thought-provoking and often very funny-live performance, Andy Andrews proves that everything you do matters, not just for you and your family but for generations to come.